

**COLLEGE OF ARTS AND SCIENCES  
PROGRAM CHANGES/DELETIONS**

|   | Signature              | Recommendation           | Review Date               |
|---|------------------------|--------------------------|---------------------------|
| Dept. Chair   | <u>Ray Wohl</u>        | <u>Approve</u>           | <u>2/17/12</u>            |
| Division  | <u>Donna S. Fry</u>    | <u>Approve</u>           | <u>2/21/12</u>            |
| Dept. of Educ.<br>(If course relates to teacher certification program.) | <u>N/A</u>             |                          |                           |
| Dean  | <u>Cordoba McQueen</u> | <u>Approved</u>          | <u>2/24/12</u>            |
| Curriculum Committee  | <u>[Signature]</u>     | <u>Approved</u>          | <u>2/29/12</u>            |
| Accepted By CFC   | <u>[Signature]</u>     | <u>Approved</u>          | <u>2/2/12</u>             |
| CAS Faculty   | <u>[Signature]</u>     | <u>Approved</u>          | <u>May 10, 2012</u>       |
| Approved By:  | Faculty Senate _____   | University Faculty _____ | WU Board of Regents _____ |

**General Information:** Change  Deletion

1. Reason for this program change or deletion?

**Changing courses required for a minor in fitness, based upon content knowledge and competencies expected for entry level fitness certifications through the American Council on Exercise, American College of Sports Medicine, and the National Strength and Conditioning Association.**

2. Complete revised description (including program title, requirements, courses within program, credits, and prerequisites)

**Minor in Fitness (20 credits)**

**KN 257 Prevention and Care of Athletic Injuries (3)**

**KN 300 Psychology of Sport and Physical Activity (3)**

**OR**

**KN 318 Exercise Psychology (3)**

**KN 308 Nutrition for Sports and Fitness (3)**

**KN 321 Anatomical Kinesiology (3)**

**KN 326 Physiology of Exercise (3)**

**KN 400 Planning and Leading Exercise (2)**

**KN 410 Fitness Testing and Exercise Prescription (3)**

**Plus: CPR Certification must be current at time of graduation.**

**Deletions**

3. Is the program being deleted from the catalog being replaced with another program? Yes  No   
If so, please explain.

**Yes, the current "Minor in Health and Fitness" is being deleted and replaced with a new "Minor in Fitness."**

4. Is the content of this program being distributed to another program?  
No.

**Changes**

5. Describe the nature of the proposed change.

**Create a new "Minor in Fitness" as described in 1. and 2. above.**

6. Do you currently have the equipment and facilities to teach the classes within the proposed change?  
Yes.